

Seeing healthcare professionals who focus on symptom management and supportive care improves outcomes and is critical for your quality of life.

The Pancreatic Cancer Action Network strongly recommends that symptom management and supportive care be provided early in your diagnosis as well as during and after treatment.

ABOUT THIS BOOKLET

Supportive care is meant to relieve the symptoms and side effects of a disease and its treatment. It should be provided from the time of diagnosis and throughout the pancreatic cancer journey. Studies have shown that there are measurable benefits to supportive care like better treatment results, less pain and improved emotional health. Quality supportive care should address side effects, symptoms, emotional and mental health, as well as social concerns, like finances and caregiving support.

In this booklet, the Pancreatic Cancer Action Network (PanCAN) will provide basic information about supportive care options available to pancreatic cancer patients, survivors and caregivers, answer frequently asked questions, and help address any misunderstandings about the purpose behind this type of care. This booklet help guide discussion with healthcare professionals and loved ones who are in need of updated information on the principles of supportive care.

People with pancreatic cancer who are facing end of life will have special needs that are not covered in this booklet. PanCAN Patient Services can assist with a wide variety of topics relating to pancreatic cancer. They have access to resources that may help address these concerns.

Hablamos español. Contact PanCAN Patient Services toll-free at 877-2-PANCAN or by email at patientservices@pancan.org. Patient Services Help Line is available Monday – Friday, 7 a.m. – 5 p.m. Pacific Time. All services are free of charge.

A glossary is provided at the end of this booklet for **bold** words in the booklet's text.

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