

PANCREATIC CANCER FAMILY HISTORY WORKSHEET

Knowing your family's medical history can help you understand your risk of developing pancreatic cancer.

Answer the following questions about your blood relatives.

Who in your family has been diagnosed with and/or has died from cancer?

Name	Relationship	Cancer Type	Age of Diagnosis/ Age of Death

Have any first-degree family members (parent, child or sibling) been diagnosed with pancreatic cancer? _____

Have family members in two or more generations, on the same side, been diagnosed with pancreatic cancer? _____

Have any family members been diagnosed with pancreatic cancer at age 50 or younger? _____

Have any family members been diagnosed with more than one type of cancer? _____

Are there any inherited genetic conditions in your family, or have any of your family members been found to have an inherited cancer mutation? _____

Which condition(s) or mutation(s)? _____

If you answered "yes" to any of the above questions, consider talking to your doctor or a genetic counselor to determine if you should get genetic testing for inherited cancer risk and if you should discuss options for monitoring.

Early detection and treatment of pancreatic cancer can greatly improve outcomes.

PanCAN Patient Services can provide resources to find genetic counselors and help you prepare for a conversation with your doctor.
877-2-PANCAN | patientservices@pancan.org

For more information, visit pancan.org/risk