## PANCREATIC CANCER AWARENESS MONTH 2017 **ABOUT PANCREATIC** CANCER

## PANCREATIC CANCER ACTION **NETWORK**

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## **SYMPTOMS**

Pancreatic cancer may cause only vague symptoms. If you are experiencing one or more of these unexplained symptoms, the Pancreatic Cancer Action Network urges you to see your doctor.

















Abdominal or mid-back pain

Loss of appetite

Weight loss

Nausea

Change in stool

Recent onset diabetes

## **RISK FACTORS**

**Family History** 

Risk increases if multiple first-degree relatives had the disease, or any were diagnosed under 50.

Smoking

cancer cases.



Diet

A diet high in red and processed meats may increase risk. A diet high in fruits and vegetable may decrease risk.



The exact causes of pancreatic cancer are not yet well understood,

but research studies have identified certain risk factors.

Obesity Obese people have a 20% increased risk of developing the disease compared to

people of a normal weight.

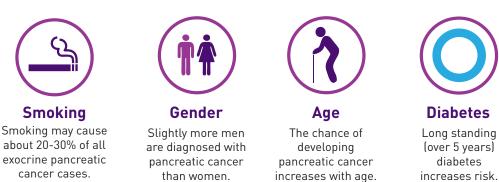


Race African-Americans and Ashkenazi Jews have a higher incidence of pancreatic cancer.



Pancreatitis

Chronic pancreatitis increases risk. Risk is even higher for people with hereditary pancreatitis.



Learn more about pancreatic cancer by visiting pancan.org/demandbetter