

# ACTIVITIES OVERVIEW

## Thank you for joining us in November for Pancreatic Cancer Awareness Month!

Our participation during November will help play an important role in raising the awareness and support needed to make progress for pancreatic cancer patients.

## Activities at a Glance

### Pancreatic Cancer Awareness Week Kickoff: Join the Fight & Demand Better for Patients!

We are starting the week with a Kickoff! We will talk about the state of pancreatic cancer, including signs and symptoms. We'll walk through our week, ramping up for all the activities, and start by testing our individual risk and taking a quiz! Both can be shared on social media.

Date/Time: \_\_\_\_\_

Location: \_\_\_\_\_

Detailed Instructions:

### Make a Difference by Becoming an Advocate!

We will sign a petition to ask members of Congress to prioritize life-saving cancer research. Head to <http://pcan.at/DBchamps> to sign the petition! (available November)

Date/Time: \_\_\_\_\_

Location: \_\_\_\_\_

Detailed Instructions:

### Go Digital: Spread Awareness via Social Media

Spreading awareness about risk factors and symptoms associated with pancreatic cancer is important and social media is a powerful tool to use here. Take a selfie with our posters and post on social media. You can also help spread the word by sharing our handy infographics on your profiles as well! Find everything you need at <http://pcan.at/DBchamps>

Date/Time: \_\_\_\_\_

Location: \_\_\_\_\_

Detailed Instructions:

### **Go Purple: Flex Your Purple Power for Pancreatic Cancer!**

Wear purple on any day this November for Pancreatic Cancer Awareness Month. And be sure to wear purple on Thursday, November 15 for World Pancreatic Cancer Day, as we unite with countries across the globe to fight the world's toughest cancer. Visit the World Pancreatic Cancer Day website at [www.worldpancreaticcancerday.org](http://www.worldpancreaticcancerday.org) to learn more!

Date/Time: \_\_\_\_\_

Location: \_\_\_\_\_

Detailed Instructions:

### **Raise Spirits and Funds to Fuel the Fight!**

Raise money for the fight against pancreatic cancer by hosting a fundraising challenge! Assemble a [PurpleStride](#) team, start a [Wage Hope My Way](#) fundraiser, or create a [Facebook Fundraiser](#)!

Date/Time: \_\_\_\_\_

Location: \_\_\_\_\_

Detailed Instructions:

